

## Accessing your Health Records

### Frequently asked questions (FAQ)

#### 1. **Can I request access to my Health Records?**

Yes, as a patient, you can get a copy of your health records digitally, through the online portal: <https://corahealth.ams-sar.com/>. Click *get started online*, then follow the instructions to set-up your account or *login* if you have an existing account. A user guide is available to help you through the process.

#### 2. **Is there a fee for making a request?**

No, Cora Health must provide a copy of the information free of charge. However, Cora Health can charge a "reasonable fee" when the request is deemed excessive or repetitive.

#### 3. **How long does Cora Health have to disclose patient records?**

Cora Health must respond to your request within one month (*unless advised otherwise by court order*). The Access to Records team will inform you if it is going to take longer than one month.

#### 4. **Can I see the progress of my request?**

You can track and see the status of your request on the online portal via the *Manage Requests* section. You will also receive emails from Cora Health if you need to provide more information for your request. The sender will be "Sars No Reply". You can log in to the portal at any time to check your request and respond to any messages.

#### 5. **Will I always receive everything I have asked for?**

Not always, in some circumstances Cora Health is legally required to withhold all or some of the information held in an individual's health record where:

- the identity of an individual cannot be satisfied by Cora Health
- consent of the individual has not been given but is legally required
- it has been judged that supplying the information is likely to cause serious harm to the physical or mental health or condition of the patient or any other person
- providing access would disclose information relating to or provided by a third party who had not consented to the disclosure. This exemption may not apply where that third party is an NHS health professional involved in the care of the individual
- a deceased person had indicated that they did not wish information to be disclosed, or the record contains information that the deceased person expected to remain confidential
- the information may no longer be available.

#### 6. **Will I need to provide identification?**

Yes. Identification checks are required by Cora Health for security. This is to protect your personal data from unauthorised access. Acceptable forms of identification are outlined in the "*Identification documents needed to access health records*" file on this internet page.

**7. Can I ask for my records be amended?**

Individuals do not have the right to have professional opinions or judgements deleted from the record unless the entry is factually incorrect. However, if you disagree with any content of the record, you can ask to have a statement added to reflect your opinions. You are entitled to a copy of what has been added.

**8. Can I apply for access to my child's health records?**

Unless otherwise indicated, children aged 13 or older are usually considered to have the capacity to give or refuse consent to parents or those with parental responsibility requesting access to their health records. A person with parental responsibility (as defined in the Children Act 1989) can make an application on the behalf of a child only if it is shown that the child does NOT have capacity.

A person with appropriate parental responsibility will usually be entitled to access the records of a child who is aged 12 or younger.

**9. How will I receive the health records?**

When Cora Health has completed your request, you'll receive an email. Follow the instructions to download the files. Once downloaded, you are responsible for the confidential, secure storage of the records and, when they are no longer required, their secure disposal.

**10. Who can I contact if I have any questions?**

Please contact [recordsrequest@corahealth.co.uk](mailto:recordsrequest@corahealth.co.uk)